

**KENTUCKY MENTAL HEALTH SERVICES PLANNING COUNCIL
NOVEMBER 9, 2001
DEPARTMENT FOR MENTAL HEALTH FRANKFORT**

Meeting Summary

Members Present:

Representing Families of Adults:

Robert R. Hicks
Lynn Haney
Harry Mills

Representing Families of Children:

Trudy Abshire
T. C. Embry
Janet Gothard

Representing Consumers:

Carolyn Kates-Glass, Chair
Pat Moore

Representing Transition-age Youth:

Carmilla Fryer

Ex Officio Members Present:

Representing Kentucky Partnership for Families and Children:

Patricia Ratliff

Representing National Alliance for the Mentally Ill – Kentucky:

Gilbert Newman

Representing Office of Aging Services:

Barbara Gordon

Representing Department of Medicaid Services:

Sharon Potter-West

Representing Department for Mental Health and Mental Retardation Services:

Bruce Scott

Representing Department of Vocational Rehabilitation:

Carol Estes

Representing KY-CAN:

Robert Booth

Representing Kentucky Association of Regional Programs:

Dan Howard

DMHMRS Staff Present:

Michele Blevins, Susan Duvall, Odella Furnish, Anita Jennings, Kasey Nolen,
Lou Kurtz, Rita Ruggles

Guests:

Carol Cecil, Kentucky Partnership for Families and Children
Bart Baldwin, Kentucky Partnership for Families and Children

Absent:

Representing Department for Community-Based Services: Marian Call
Representing Department of Education: Toyah Robey
Representing Kentucky Housing Corporation: Larry Kimberlain
Representing Department of Corrections: Gary Dennis
Representing Department of Public Health: Rice Leach
Representing Division of Substance Abuse Services: Mike Townsend
Representing Protection and Advocacy: Maureen Fitzgerald
Representing Department of Juvenile Justice: Bill Heffron
Marty Harrison, Family Member of an Adult with a Severe Mental Illness
Hugh Smith, Consumer of Services
Gloria Dorsey, Consumer of Services
Lahoma Ailiff, Family Member of a Child with a Severe Emotional Disability

New Officers

Bruce Scott announced the three new officers of the Council: Carolyn Kates-Glass as Chairperson, Trudy Abshire as Vice-Chair, and Bob Hicks as Secretary. Carolyn welcomed new members Carmilla Fryer, representing transition age youth, and Gilbert Newman, representing NAMI Kentucky.

Approval of August Summary

Bob Hicks moved to approve the summary of the August 10, 2001 meeting. Patricia Ratliff seconded. Motion carried.

Check-in with Council Members

Carolyn asked Council members and other attendees to “share something good that has happened this week.” Comments are included below:

Bruce Scott – He is grateful for the hearing concerning IMPACT Plus at the legislative Program Review Committee where a favorable evaluation was presented by their staff. Health Services Secretary Marcia Morgan offered her support for the program during the hearing.

Bob Hicks – He is grateful for his son’s hygiene improvements, and another son’s recovery from a heart attack.

Gilbert Newman – He is grateful to be attending his first Council meeting.

Michele Blevins – She is thankful for a good meeting with program directors from Community Mental Health Centers who run Therapeutic Foster

Care programs. People had an opportunity to share information and concerns and network with one another.

Patricia Moore – She appreciated the opportunity to serve on a peer review team in the Comprehend Region where she was able to visit three Therapeutic Rehabilitation (TR) centers and see how they operate.

Lynn Haney – She is thankful for a new job.

Carol Estes – She assisted a young man with multiple disabilities in getting a job in state government.

Janet Gothard – She enjoyed the beautiful weather. She is also grateful for getting through the tragedy in September and the way people have come together and found ways to appreciate what had gone unnoticed before.

Trudy Abshire – She had a good week with the children and learned how to turn off CNN.

Sharon Potter-West – She announced the recent appointments of Tricia Salyer as Division Director and Mike Robinson as Medicaid Commissioner.

Dan Howard – He is glad to see people reaching out for one another. He believes the current economic downturn is an opportunity to take a good look and see if we can economize without hurting our ability to deliver services. He expressed appreciation for HB843 and the significant input from people throughout the state about their real needs. Overall, he is grateful that more people are pulling together, realizing the importance of supports and services for individuals with mental illness and substance abuse problems.

Bart Baldwin – He is grateful for lunch with Dan and for a meeting with Cabinet for Families and Children Secretary Viola Miller. He was pleased to hear of commitment of both Cabinet secretaries to handle the budget situation without hurting direct services.

T. C. Embry – He appreciates the opportunity he and other members of the Kentucky Foster Care Association had to meet with supervisors in Lincoln Trail area where they had a chance to voice their displeasure about the way foster children are treated.

Robert Booth – He is grateful for his win at Bingo.

Patricia Ratliff – She appreciates the good week she has had with no family crises.

Carmilla Fryer – She is grateful that her family seems to be more excited about Thanksgiving.

Lou Kurtz- He appreciates the new projects approved for funding by the Kentucky Housing Corporation's Affordable Housing Trust Fund Committee, on which he serves.

Susan Duvall – She is grateful for a signed Mental Health order appointing officers and new members, her son having a good first semester at college, and for new kittens.

Kasey Nolen – He represented the state as a member and host for the Southern States Mental Health Statistics Improvement Program (MHSIP) conference and is thankful that it went very well.

Anita Jennings – She is grateful for the first Plan and Budget planning meeting and the initial draft of the plan to “block grant the block grant” which was well received.

Odella Furnish – She appreciates the fact that she and Dan are still here.

Rita Ruggles – She appreciated participating in a productive training for twelve Medicaid nurses as care coordinators and is also grateful for her daughter’s selection into the gifted and talented program.

Carol Cecil – She is grateful for November’s “White Ribbon” Adoption Awareness Campaign.

Carolyn Kates-Glass – She is grateful for taking things one day at a time and appreciating each day despite the ups and downs that occur. She appreciates working with the Council and looks forward to a progressive relationship over the next two years.

Kentucky Partnership of Families and Children (KPFC) Presentation

Bart Baldwin, KPFC treasurer, reviewed how the organization was formed three years ago from the joining of two previous organizations, the Statewide Partnership of Kentucky for Effective Support (SPOKES) and the Kentucky Family Based Services Association (KFBSA). This strong organization is being stabilized and the Board is embracing its role. They recently received 501-C-3 status. Bart asked for increased funding through the block grant to continue to grow and stabilize KPFC. He noted that the funding the last two years has been \$20,000.

Bob Hicks asked how the Council is currently funded. Bart replied through a three year Statewide Family Network Grant, support from the Bridges grant, State Interagency Council, and in-kind support. The annual budget is \$120,000 with in kind support. Bob asked what strategies would be used in the future after the grants run out. Bart replied they are looking for private donations and grants from private foundations now that they have tax-exempt status, and they are considering charging certain categories for membership. Carol Cecil added that they have developed a Mental Health Sensitivity curriculum for elementary age children and are in the process of getting that copyrighted. It could then be sold and the proceeds used to help the organization become self-sustaining. Overall, they want to diversify funding.

Specific offerings they would like to do include: 1) increase activities for the Youth Council in their transition to adulthood; and 2) increase scholarships for parents to attend various trainings, including the Parent-Professional Conference.

Trudy Abshire shared that she received a lot of help and information from one of the KPFC predecessor organizations when she first adopted her twin sons. The support group has been helpful also.

Dan Howard suggested that KPFC provide a detailed description of their current structure and budget, with projections over a two to three year period of funding sources and expenses. He further stated that the more the Council knows about KPFC, the more effectively they can advocate on KPFC's behalf. Bruce Scott noted that the Council does not allocate funds, it advises the Department on the proposed expenditure of those funds. He added that KPFC is funded through the component of the plan which is Opportunities for Family Leadership, and to increase this amount, block grant funds would have to be pulled back from others, including Community Mental Health Centers, Vocational Rehabilitation, KY-CAN, and NAMI Kentucky. He stated the more we know about resources and needs, the more we can plan not just for the short term, but also to help identify a long – term strategy. Bart thanked DMHMRS for their help in creating the organization and their financial support. Bob Hicks recommended an annual yard sale as a way to raise funds and spread awareness. Pat Ratliff said that she is very proud of their organization and the youth council. She noted that they have made presentations at several conferences and are able to talk openly about their disabilities and the effect of services received on their lives. She encouraged Planning Council members to attend their sessions.

HB843 (The Kentucky Commission on Services and Supports for Individuals with Mental Retardation and Other Developmental Disabilities) Report

Lou Kurtz reported that the next meeting of the Commission is November 30. He has worked on a budget expansion request related to HB843. Components of the request include Crisis Stabilization units, safety net for mental health centers, and community supports including employment, housing, peer supports, and medications. It is uncertain in a time of budget restraints if any expansion requests will be granted. Bruce Scott noted that an agenda is being developed related to the continuing work of the Commission. He also noted that KRS 202A, the law that is used to commit adults to mental health hospitals, is becoming an issue for the legislature, along with KRS 504, the law that is used to determine competency of people with any criminal charges. It is possible that legislation concerning these statutes will be introduced in the next session. These possible bills address some modifications in KRS 202A that relate to the following areas: the civil commitment of individuals found incompetent to stand trial, outpatient civil commitment of sexual offenders, advance directives, credentials and the definition of qualified mental health professional. Other parts of the Commission agenda will affect IMPACT Plus. Bruce stated his belief that the Program Review committee will support the recommendation for the HB843 Commission to work over the next two years to come up with a broader direction for children's services and coordination of various organizations in state government to utilize money effectively on these populations. Another agenda item would be legislation to expand the membership of the 843 Commission to include others, including consumers and other advocates.

Olmstead

The stakeholder group that has been meeting over the last year submitted their report to the Cabinet for Health Services. The report addresses recommendations to strengthen community supports for people with disabilities who are currently in institutions to allow them to live in the community if they wish. This report is on the Cabinet's web site at <http://chs.state.ky.us/olmstead/>. Secretary Morgan said she will appoint an advisory committee that will ratify the stakeholder group as an ongoing committee in an advisory capacity to her. In the meantime, CHS has been working to organize its response to the federal government. The Cabinet is required to submit a plan to the Office of Civil Rights that indicates how the state will prepare to meet the needs; this plan will have the effect of protecting the state from lawsuits. Bruce stated that we want to bring our system to the point where people don't need to sue to get the help they need. Ann Marks, former Deputy Secretary, has been retained as a consultant to help guide and lead this effort. She has already begun working with DMHMRS on one piece of Olmstead, which relates to monitoring people who have been in psychiatric hospitals for a long time and who are ready to leave. The hospitals are already submitting reports to DMHMRS on those individuals.

Carolyn Kates-Glass, through KY-CAN, is coordinating a grant to ensure that people with severe mental illness are being represented in Olmstead. They will assist Central State Hospital (CSH) to see that twelve persons will be placed in the community or a less restrictive setting of their choice over the next two years. They are in the process of hiring an Olmstead advocate to work with CSH.

Real Choices Grant

Lou Kurtz provided an update on the Real C.H.O.I.C.E.S. grant, and distributed an abstract (see attached). He noted that this three year grant was funded for \$2 million from the Center for Medicare and Medicaid Services (formerly Health Care Financing Administration). The grant will hire a Coordinator for this project. A coordinator for this grant is being sought.

The Office of Aging was not funded for the Nursing Home Transition grant

IMPACT Ten Year Evaluation

Michele Blevins announced that the Kentucky IMPACT Ten Year Evaluation Report had just been released and she distributed copies. R.E.A.C.H. of Louisville, Inc., the private consultant group that conducted the five year evaluation, did this report also. The report found that overall, IMPACT is meeting its goals of serving some of the state's most challenging children.

Update on Plan and Budget Process Related to Block Grant Funds

Lou Kurtz distributed the draft Plan and Budget instructions. These instructions are sent to the community mental health centers on February 1 each year and relate specifically to Block Grant funds and other restricted funds for adults with severe mental illness and children with severe emotional disabilities. This is our effort to “Block Grant the Block Grant.” He noted that with the additional funds received this year, DMHMRS tried to equalize the funding among regions based on prevalence. For the coming fiscal year beginning July 1, 2003, the Department is proposing the same things – to base allocations on prevalence with a couple of caveats. One caveat is to hold harmless the regions that have received additional funds over the years due to their expanded services; no region would receive less money than they do now. Statewide projects will not be included in calculating each region’s share.

He reported that two meetings were held with Council members, center representatives, and staff. One additional meeting was held with staff, and one meeting of the Plan and Budget Committee was held to begin revising the instructions.

He walked through the document. One area concerns minimum expectations. Centers will be required to establish Regional Planning Councils, to plan for the system of care and report on the use of funds. During one of the Work Group meetings, members reached consensus to require Regional Planning Councils to include 51% or more consumers and family members. Additionally, centers will be required to furnish information identifying who serves on the Council and their affiliation. They must describe their process for holding meetings, reaching consensus, and verifying that the Council was involved in the plan review. They must also identify a staff person responsible for the system of care, and for drafting the application for working with the Regional Planning Council.

The centers would submit a plan to the Department in the spring. At the end of the fiscal year, they will have approximately 60 days to complete their report. This will give the state time to include this information in our implementation report to the federal government. The format has not yet been determined.

Currently, centers are required to submit quarterly project budget reports for individual grants on an expense reimbursement basis along with quarterly report forms. For most of the services that the centers provide, they provide service information to us in the encounter data set, which is the electronic submission of service events. Centers will be able to dispense with the quarterly reports if they are able to obtain the data and report on the services they provide in the data set as it is. There are still some problems with that and much work to

be done. It may not be complete by July 1. Other groups that are involved in this process are the Grants Committee, and the Joint Commission on Information Continuity. There are some things that don't fit into the client data set, such as the establishment of the Regional Planning Councils and developmental kinds of efforts, in addition to training that doesn't involve clients receiving services. The centers will be required to participate in the new outcomes initiative for adults with severe mental illness, using a functional assessment used initially in all the TRP programs. The Department will look at a consumer survey, such as the one that is part of the Mental Health Statistics Improvement Project (MHSIP). The centers will have the ability to move funds around as long as they're spent on the targeted populations.

Carol Estes asked about how decisions would be made. Bruce Scott replied that they will be made by the center with review by the Council. Barbara Gordon pointed out that nothing in the draft was specific to the aging population. She noted that in 2000, people who are 60+ constitute 17.5 percent of the population; this is expected to double by 2030. She recommended that language be added to ensure that 1) older adults are represented on the Regional Planning Councils; and 2) that the Planning Councils will consider services to older adults with severe mental illness. Lou Kurtz responded that a component for aging will be added and it will be strong. He added that youth members will be included also.

Block Grant Implementation Report

Lou Kurtz presented the draft Implementation Report. The report is based on objectives and performance indicators and covers the period from 7/1/2000 – 6/30/2001. He noted that the last section on funded entities and expenditures for the year is not included at this time, but will be included in the document by the deadline of December 1, 2001. Also to be included are the executive summary, a one-page list of major accomplishments and activities and a contact person.

He noted that the reply to each objective is whether it was "fully implemented," "partially implemented," or "not implemented." A brief narrative describing the events of the last year is included also. Lou stated that he or Michele Blevins need any additional comments by the week of Thanksgiving at the latest.

Planning Council Comments on the Draft Implementation Report:

Adults with Severe Mental Illness

Members suggested additional information be added to Objective A-1-1 to reflect the year's activities. These items included the posting and interviewing of candidates for the director of the Office of Consumer Advocacy, and noting that

in the absence of a director, KY-CAN and NAMI Kentucky had expanded their training opportunities.

Members suggested a new set of definitions for what constitutes “outreach” in several categories.

Children with a Severe Emotional Disability

Members suggested that it was hard to compare penetration rate for adults with severe mental illness with children with severe emotional disabilities due to the difference in denominators: specifically, the denominator for adults is the entire adult population, whereas the denominator for children is the estimated number of children with severe emotional disabilities using the Kentucky severe emotional disabilities prevalence rate of 5%.

Overall

In response to clarifying questions asked, staff agreed that the implementation draft does not give a cross section of mental health services in general. Staff responded that next year, with the inclusion of data tables, the report may furnish a better overview of mental health services in the state.

Stipends

Susan Duvall reviewed the recommendation of Council to increase the Planning Council stipend from \$25 to \$100. She reported that staff had met and determined they will be able to double the stipend for the Planning Council from \$25 to \$50 for MHSPC meetings and work groups. She reviewed travel voucher instructions and supplied a mileage chart.

Dates for Next Year

The Council established the following meeting dates for next year: Friday, January 11, 2002, Thursday, May 9, 2002, Friday, August 16, 2002, and Thursday, November 14, 2002.

Other Business

Carolyn Kates-Glass announced that future agendas will include a section for “Other Business” that will address new topics or announcements.

Bob Hicks asked other members to write down trends they see in mental health services and to share this with him.

Robert Booth announced that there will be a KY-CAN and NAMI Kentucky Open House on December 7, 2001 from 11 am – 6 pm in Louisville at their

offices on the Grounds of Central State Hospital, Building , 10510 LaGrange Road.

Carol Estes asked people to support the Supported Employment Funding Request. The request is in the Workforce Development Cabinet's budget. She also distributed an Elderline newsletter at the request of Barbara Gordon.

Gilbert Newman announced that the National Convention for NAMI will be held at the Cincinnati Convention Center June 26 – 29, 2002.

Respectfully submitted by:

Susan Duvall
SIAC Project Specialist